

# Scouts

## Northampton District

 *Love* NDScouts

**SHOW YOUR LOVE CHALLENGES**

**ACTIVITY PACK**

**MARCH 2021**



[Facebook.com/NorthamptonScouts](https://www.facebook.com/NorthamptonScouts)



[Twitter.com/NDScouts](https://twitter.com/NDScouts)



[Instagram.com/NDScouts](https://www.instagram.com/NDScouts)

# #LoveNDScouts

## **WELCOME TO THE #LOVENDSCOUTS CHALLENGE PACK!**

This past year has been a difficult one for many young people, not least in the disruption to their schooling and Scouting.

So, we thought we'd inject a bit of fun into the mix, to encourage young people to test their ingenuity and skills, and to give them a bit of a break from the screen time that has become an all too regular part of their daily lives.



## **WHAT IS THE #LOVENDSCOUTS CHALLENGE?**

We have prepared a number of challenges that, together, form the #LoveNDScouts Challenge. These challenges range from quick and fun, to trickier tests of Scouting skills.

Some may need a bit of research, and we have provided a bit of guidance to where this might be found, if needed.

There are four Challenge Levels, aimed at Beavers, Cubs, Scouts, and Explorers. Do you need to stick to your Section? No! If you find a challenge from another Challenge Level interesting, give it a go! We would encourage you to look up rather than down - if you are a Scout, you won't be challenged at all by tasks aimed at Beavers.

The goal is to complete thirty-one challenges through the month of March. This evens out at a cool one challenge per day - but you do not have to stick to that. You might want to do a group of challenges over a weekend, or tick a couple of the fun ones off after school to help you wind down. Thirty-one by the end of March is the goal. How you achieve this is up to you.

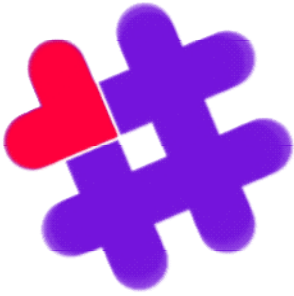
Your Section may be working some of the challenges into their programmes, so ask your leaders how they are approaching #LoveNDScouts.

Do not forget to share your results across Northampton District Scouts social media. You can find details about our Facebook, Twitter, and Instagram pages on the front page. Don't forget to use the #LoveNDScouts hashtag.

There is a certificate for completing all 31 challenges in March. There are also prizes up for grabs for the best #LoveNDScouts social media posts!



# #LoveNDScouts



## **WHY DO EXPLORERS HAVE 35 CHALLENGES?!**

Explorers, as we know, are a special bunch, so we have prepared 35 challenges for them. As all Explorers reading this have started to panic - do not worry! Like all of the other Sections, Explorers are expected to complete 31 challenges in March.

So why 35? Quite simply, choice! Pick 31 from the 35 that you like the best, and give them a go.

## **SHARE THE LOVE!**

You do not have to do the challenges alone! We obviously ask all young people to ask an adult for help, especially when anything sharp or hot is needed for a challenge.

Beyond those, by all means bring your sister, your brother, your parents or guardians into the fun. Phone a friend. Ask the cat. Run a competition within your family, to see who completes a challenge best. As well as being a challenge, #LoveNDScouts is meant to be fun, and fun is something that is much better when it is shared.

Just a quick warning.. Experience has shown us that cats are better at creating tangles than tying knots.



## **THE PROGRESSOMETER**

You will find a Progressometer in this pack. You might want to print this out and put it on the wall to remind yourself how you are doing with the #LoveNDScouts challenges.

Simply colour in one block, from the top, for every challenge you complete. The last block is the #LoveNDScouts heart.

You might want to personalise your Progressometer, or use different colours to mark of each challenge. Whatever you want to do! Share your creativity with us!



## **BONUS CHALLENGES**

You will see a handful of bonus challenges scattered around the challenge sheets. These do not count towards the 31, but just add a little extra you might want to look into. Extra kudos if you manage to complete the 31 main challenges and all of the bonus challenges, too!



**WHEN YOU HAVE COMPLETED THE CHALLENGE...**

Please email your completed pack to [love@northamptonscouts.org.uk](mailto:love@northamptonscouts.org.uk)

For the #LoveNDScouts event, the cut-off date for returning forms is the **11th of April, 2021**. Completed packs received after that date will not be put forward for a printed certificate of completion (see below).

The pack PDF is form-fill able, so you should be able to tick challenge boxes and enter answers throughout the document.. Saving the pack will keep your answers.

**If you are in Northampton or an outlying village:** Please fill in your address in the space provided below. We will use this to mail your certificate of completion. Your address will not be retained for any other purpose.

**If you are outside Northampton:** We can email PDF certificates for you to print at home. If you are part of The Scouts or another youth organisation, and would like to adapt our challenge packs, please get in touch - we would love to help!

Name	_____
Group	_____
Section	<input type="checkbox"/> Beavers <input type="checkbox"/> Cubs <input type="checkbox"/> Scouts <input type="checkbox"/> Explorers <input type="checkbox"/> Other*
Email	_____
Address	_____ _____ _____
Postcode	_____

\* Including non-Scout organisations and individuals

# PROGRESSOMETER

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# #LoveNDScouts

## CHALLENGE LEVEL...

Beavers are the youngest of our Scouting family, from 6-8 years old.

# BEAVERS

## FRUITY RULER

Measure something using fruit (for example, "My room is 7 bananas long")

Yes, I did this! I measured \_\_\_\_\_ and it is \_\_\_\_\_

## BONUS CHALLENGE!

What year would someone that age have been born in? Did anything happen in that year?

## FAMILY SUMS

Add together all of the ages of your family members!

Yes, I did this! And the total is \_\_\_\_\_

## DVO-JUGGLER

Juggle two balls for at least three seconds.

Yes, I did this! And I managed \_\_\_\_\_ seconds!

## GRUB'S UP

Bake some cookies or a cake, and take an appetising picture.

Yes, I did this!

You could give your baking a Scouting theme.

For your photo, have a think about presentation. Open up a cooking book - how is food photographed

## SPEED SONG

Sing an entire campfire song in 1 minute or less

Yes, I did this!

## PROMISES, PROMISES

Teach a non-Scouting member of your family the Beaver Promise, and film them saying it.

Yes, I did this!

## AEROCHALLENGE

Build a paper aeroplane that flies for at least 5 seconds

Yes, I did this!

My plane flew for \_\_\_\_\_ seconds!

## RECORD BREAKERS!

The world record time for a paper aeroplane is 27.6 seconds. How close can you get?

Try the world-record distance paper plane - instructions on YouTube: [youtube.com/watch/EDIC9iMcWTc](https://www.youtube.com/watch/EDIC9iMcWTc)



## BRITISH BOUNDARIES

Make a list of all of the counties in England.

Yes, I did this! There are \_\_\_\_\_ counties

## BONUS CHALLENGE

Which counties have you visited, and which have you visited as a Beaver?

## ANCIENT FINDS

Take a picture of the oldest thing you can find.

Yes, I did this! It is \_\_\_\_\_ years old!

Finding ancient things is fun! Why not look into it more with the Young Archaeologists Club? [Yac-uk.org.uk](http://Yac-uk.org.uk)

## NEW BALLS, PLEASE!

Find three different types of sports ball. Which of those sports have you tried?

Yes, I did this! The balls I found are \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

## PAPER MAGIC

Find out how to make a paper snowflake - and make one!

Yes, I did this!

You can find some paper snowflake instructions online - for example, this link from the National Trust: [nationaltrust.org.uk/allan-bank-and-grasmere/features/how-to-make-paper-snowflakes-](http://nationaltrust.org.uk/allan-bank-and-grasmere/features/how-to-make-paper-snowflakes-)

There are lots of different ways to make a hobo stove. But tin cans can be sharp, and fire must always be treated safely - ask an adult to give you a hand

## MAKECHEF

Make a hobo stove from an empty tin can, and cook something!

Yes, I did this! I cooked \_\_\_\_\_

STAY  
SAFE!

## HERE AN O...

Find at least five things around the house that begin with the letter "O"

Yes, I did this! And I found \_\_\_\_\_ things!

The Bill Douglas Cinema Museum has some shadow puppets you could try: [bdcmuseum.org.uk/kids/shadows-and-shadow-puppets/](http://bdcmuseum.org.uk/kids/shadows-and-shadow-puppets/)

## SHADOW PUPPET

Take a picture of an animal shadow you have made with your hands

Yes, I did this!

## TEACHER, TEACHER

Teach a non-Scouting member of your family a Scouting skill

Yes, I did this!

I taught \_\_\_\_\_

### BONUS CHALLENGE!

Why not learn a new skill, and teach that? You and your apprentice Beaver could learn together!

## INDOOR CAMPING

Build a free-standing tepee, large enough to fit a family member

Yes, I did this!

Animated Knots is a great online resource for learning knots: [animatedknots.com/square-knot](http://animatedknots.com/square-knot)

## KNOTTY PROBLEM

Show how to tie a Reef Knot (also known as a Square Knot)

Yes, I did this!

## MUSIC MANIA

Play a recognisable tune using household objects


Yes, I did this! My tune was \_\_\_\_\_


## WARM COLLECTION

Share a photo of your camp blanket

Yes, I did this!

Share your challenges on social media!

 NorthamptonScouts

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Don't forget to use #LoveNDScouts

## CHOOSY CHORE

Do a household chore that you don't normally do!

Yes, I did this! My chore was \_\_\_\_\_

## STORY TIME

Write a short story, poem, or song about a Scouting experience

Yes, I did this!

Code sheets can be found on The Scouts website: [scouts.org.uk/activities/the-road-to-the-code/](https://scouts.org.uk/activities/the-road-to-the-code/)

## BEEP BEEP BEEP

Learn how to send your name using Morse code or semaphore

Yes, I did this! It is \_\_\_\_\_

## BONUS CHALLENGE!

See if you can find a fossil, and name the creature it once was

## GEOLOGICAL CHALLENGE

Find an interesting stone in your garden or near your home, and decorate it

Yes, I did this!

## SAFETY FIRST

Make a list of five potential safety hazards around your home, and how they can be made safer

Yes, I did this! I found \_\_\_\_\_

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## HAS THIS BEARING?

Draw a compass showing the eight cardinal points, and find out which direction your front door faces

Yes, I did this! My front door faces \_\_\_\_\_

British Sign Language and Makaton are two types of sign language that can be used to talk to people that have hearing difficulties.

A BSL dictionary can be found on their website: [british-sign.co.uk/british-sign-language/dictionary/](https://british-sign.co.uk/british-sign-language/dictionary/)

## MARK THE PAGE

Create a bookmark for your favourite book, decorated with things from it

Yes, I did this! My book is \_\_\_\_\_

## SIGN AWARENESS

Learn how to say the Beaver Promise in British Sign Language

Yes, I did this!

## NOT A LOT!

Learn a magic trick, and perform it to your family

Yes, I did this!

## BONUS CHALLENGE

Can you name a famous magician, and the trick that they are most known for performing?

## BONUS CHALLENGE!

Find your house, and follow the route you take to Beavers

## WHERE ARE YOU?

Find your usual Beaver meeting place on a map (paper or online)

Yes, I did this! I used \_\_\_\_\_

## TO THE MOON!

Design and build a model rocket using items from around your house

Yes, I did this!

## SPACE EXPLORERS

In 1969, the Apollo 11 mission used a Saturn V rocket to leave Earth and reach the Moon. It took the astronauts 76 hours to get there!

## THAI THE KNOT

Find out what the Scout Promise is in Thailand, and why March 31st is celebrated there

Yes, I did this! It is celebrated because \_\_\_\_\_

Try Wikipedia!  
But please avoid  
[thaiscouting.com](http://thaiscouting.com)

# WELL DONE!

# #LoveNDScouts

# cubs

## CHALLENGE LEVEL...

Cubs are the second youngest of our Scouting family, from 8-10 years old.

### FRUITY RULER

Measure the length and height of something using fruit (for example, "My room is 7 bananas long and 8 bananas high")

Yes, I did this! I measured \_\_\_\_\_ and it is \_\_\_\_\_

### BONUS CHALLENGE!

What year would someone that age have been born in? Did anything happen in that year?

### FAMILY SUMS

Add together all of the ages of your family members!

Yes, I did this! And the total is \_\_\_\_\_

### DUO-JUGGLER

Juggle two balls for at least five seconds.

Yes, I did this! And I managed \_\_\_\_\_ seconds!

### GRUB'S UP

Bake some cookies or a cake, and take an appetising picture.

Yes, I did this!

You could give your baking a Scouting theme. For your photo, have a think about presentation. Open up a cooking book - how is food photographed

### SPEED SONG

Sing an entire campfire song in 30 seconds or less

Yes, I did this!

### PROMISES, PROMISES

Teach a non-Scouting member of your family the Cub Scout Promise, and film them saying it.

Yes, I did this!

### AEROCHALLENGE

Build a paper aeroplane that flies for at least 10 seconds

Yes, I did this!

My plane flew for \_\_\_\_\_ seconds!

### RECORD BREAKERS!

The world record time for a paper aeroplane is 27.6 seconds. How close can you get?

Try the world-record distance paper plane - instructions on YouTube: [youtube.com/watch/EDiC9iMcWTc](https://www.youtube.com/watch/EDiC9iMcWTc)

## BRITISH BOUNDARIES

Make a list of all of the counties in England and Wales.

Yes, I did this! There are \_\_\_\_\_ counties

## BONUS CHALLENGE

Which counties have you visited, and which have you visited as a Cub?

## ANCIENT FINDS

Take a picture of the oldest thing you can find.

Yes, I did this! It is \_\_\_\_\_ years old!

Finding ancient things is fun! Why not look into it more with the Young Archaeologists Club? [Yac-uk.org.uk](http://Yac-uk.org.uk)

## NEW BALLS, PLEASE!

Find five different types of sports ball. Which of those sports have you tried?

Yes, I did this! The balls I found are \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## PAPER MAGIC

Find out how to make a paper dolly chain or an origami model - and make it!

Yes, I did this!

You can find some dolly chain and origami instructions online - for example: [origami-resource-center.com](http://origami-resource-center.com)

There are lots of different ways to make a hobo stove. But tin cans can be sharp, and fire must always be treated safely - ask an adult to give you a hand

## MAKECHEF

Make a hobo stove from an empty tin can, and cook something!

Yes, I did this! I cooked \_\_\_\_\_

STAY  
SAFE!

## HERE AN O...

Find at least eight things around the house that begin with the letter "O"

Yes, I did this! And I found \_\_\_\_\_ things!

The Bill Douglas Cinema Museum has some shadow puppets you could try: [bdcmuseum.org.uk/kids/shadows-and-shadow-puppets/](http://bdcmuseum.org.uk/kids/shadows-and-shadow-puppets/)

## SHADOW PUPPET

Take a picture of an animal shadow you have made with your hands

Yes, I did this!

## TEACHER, TEACHER

Teach a non-Scouting member of your family a Scouting skill

Yes, I did this!

I taught \_\_\_\_\_

### BONUS CHALLENGE!

Why not learn a new skill, and teach that? You and your apprentice Cub could learn together!

## INDOOR CAMPING

Build a free-standing tepee, large enough to fit a family member

Yes, I did this!

Animated Knots is a great online resource for learning knots: [animatedknots.com/square-knot](http://animatedknots.com/square-knot)

## KNOTTY PROBLEM

Show how to tie a Reef Knot (also known as a Square Knot) and a Sheet Bend.

Yes, I did this!

## MUSIC MANIA

Play a recognisable tune using household objects

Yes, I did this! My tune was \_\_\_\_\_


## WARM COLLECTION

Share a photo of your camp blanket

Yes, I did this!

Share your challenges on social media!

 NorthamptonScouts

 NDScouts

 NDScouts

Don't forget to use #LoveNDScouts

## CHOOZY CHORE

Do a household chore that you don't normally do!

Yes, I did this! My chore was \_\_\_\_\_

## STORY TIME

Write a short story, poem, or song about a Scouting experience

Yes, I did this!

Code sheets can be found on The Scouts website: [scouts.org.uk/activities/the-road-to-the-code/](https://scouts.org.uk/activities/the-road-to-the-code/)

## BEEP BEEP BEEP

Learn how to send your name using Morse code or semaphore

Yes, I did this! It is \_\_\_\_\_

## BONUS CHALLENGE!

See if you can find a fossil, and name the creature it once was

## GEOLOGICAL CHALLENGE

Find an interesting stone in your garden or near your home, and decorate it

Yes, I did this!

## SAFETY FIRST

Make a list of ten potential safety hazards around your home, and how they can be made safer

Yes, I did this! I found \_\_\_\_\_

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## HAS THIS BEARING?

Draw a compass showing the eight cardinal points, and find out which direction your front door faces

Yes, I did this! My front door faces \_\_\_\_\_

British Sign Language and Makaton are two types of sign language that can be used to talk to people that have hearing difficulties.

A BSL dictionary can be found on their website: [british-sign.co.uk/british-sign-language/dictionary/](https://british-sign.co.uk/british-sign-language/dictionary/)

## MARK THE PAGE

Create a bookmark for your favourite book, decorated with things from it

Yes, I did this! My book is \_\_\_\_\_

## SIGN AWARENESS

Learn how to say the Cub Scout Promise in British Sign Language

Yes, I did this!

# LoveNDScouts

## NOT A LOT!

Learn a magic trick, and perform it to your family

Yes, I did this!

## BONUS CHALLENGE

Can you name a famous magician, and the trick that they are most known for performing?

## BONUS CHALLENGE!

Find your house, and follow the route you take to Cubs

## WHERE ARE YOU?

Find your usual Cub meeting place on a map, and find its Ordnance Survey grid reference.

Yes, I did this! Its grid reference is \_\_\_\_\_

## TO THE MOON!

Design and build a model rocket using items from around your house.

Describe how it can safely return astronauts to Earth!

Yes, I did this!

## SPACE EXPLORERS

In 1969, the Apollo 11 mission used a Saturn V rocket to leave Earth and reach the Moon. It took the astronauts 76 hours to get there!

## THAI THE KNOT

Find out what the Scout Promise is in Thailand, and why March 31st is celebrated there

Yes, I did this! It is celebrated because \_\_\_\_\_

Try Wikipedia!  
But please avoid  
[thaiscouting.com](http://thaiscouting.com)

# WELL DONE!

# LoveNDScouts

## CHALLENGE LEVEL...

Scouts are the third stage of our Scouting family,  
from 11-14 years old.

# SCOUTS

### FRUITY RULER

Measure the length and width of something using fruit, and its area using a different fruit

Yes, I did this! I measured \_\_\_\_\_

### BONUS CHALLENGE!

What year would someone that age have been born in? Did anything happen in that year?

### FAMILY SUMS

Add together all of the ages of your family members!

Yes, I did this! And the total is \_\_\_\_\_

### Duo-JUGGLER

Juggle two balls for at least ten seconds.

Yes, I did this! And I managed \_\_\_\_\_ seconds!

### GRUB'S UP

Bake some cookies or a cake, and take an appetising picture.

Yes, I did this!

You could give your baking a Scouting theme.

For your photo, have a think about presentation.

Open up a cooking book - how is food photographed

### SPEED SONG

Sing an entire campfire song in 15 seconds or less

Yes, I did this!

### PROMISES, PROMISES

Teach a non-Scouting member of your family the Scout Promise, and film them saying it.

Yes, I did this!

### AEROCHALLENGE

Build a paper aeroplane that flies for at least 20 seconds

Yes, I did this!

My plane flew for \_\_\_\_\_ seconds!

### RECORD BREAKERS!

The world record time for a paper aeroplane is 27.6 seconds. How close can you get?

Try the world-record distance paper plane - instructions on YouTube: [youtube.com/watch/EDiC9iMcWTc](https://www.youtube.com/watch/EDiC9iMcWTc)

## BRITISH BOUNDARIES

Make a list of all of the counties in England, Scotland, and Wales.

Yes, I did this! There are \_\_\_\_\_ counties

## BONUS CHALLENGE

Which counties have you visited, and which have you visited as a Scout?

## ANCIENT FINDS

Take a picture of the oldest thing you can find.

Yes, I did this! It is \_\_\_\_\_ years old!

Finding ancient things is fun! Why not look into it more with the Young Archaeologists Club? [Yac-uk.org.uk](http://Yac-uk.org.uk)

## NEW BALLS, PLEASE!

Find eight different types of sports ball. Which of those sports have you tried?

Yes, I did this! The balls I found are \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## PAPER MAGIC

Find out how to make an origami model - and make it!

Yes, I did this!

You can find origami instructions online - for example: [origami-resource-center.com](http://origami-resource-center.com)

There are lots of different ways to make a hobo stove. But tin cans can be sharp, and fire must always be treated safely - ask an adult to give you a hand

## MAKECHEF

Make a hobo stove from an empty tin can, and cook something!

Yes, I did this! I cooked \_\_\_\_\_

STAY  
SAFE!

## HERE AN O...

Find at least ten things around the house that begin with the letter "O"

Yes, I did this! And I found \_\_\_\_\_ things!

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## SHADOW PUPPET

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Yes, I did this!

## TEACHER, TEACHER

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Yes, I did this!

I taught \_\_\_\_\_

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Why not learn a new skill, and teach that? You and your apprentice Scout could learn together!

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## KNOTTY PROBLEM

Show how to tie a Reef Knot (also known as a Square Knot), a Sheet Bend, and a Clove Hitch.

Yes, I did this!

## MUSIC MANIA

Play a recognisable tune using household objects


Yes, I did this! My tune was \_\_\_\_\_


## WARM COLLECTION

Share a photo of your camp blanket

Yes, I did this!

Share your challenges on social media!

 NorthamptonScouts

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Don't forget to use #LoveNDScouts

## CHOOSY CHORE

Do a household chore that you don't normally do!

Yes, I did this! My chore was \_\_\_\_\_

## STORY TIME

Write a short story, poem, or song about a Scouting experience

Yes, I did this!

Code sheets can be found on The Scouts website: [scouts.org.uk/activities/the-road-to-the-code/](https://scouts.org.uk/activities/the-road-to-the-code/)

## BEEP BEEP BEEP

Learn how to send your name using Morse code and semaphore

Yes, I did this! It is \_\_\_\_\_  
and \_\_\_\_\_

### BONUS CHALLENGE!

See if you can find a fossil, and name the creature it once was

## GEOLOGICAL CHALLENGE

Find an interesting stone in your garden or near your home, and decorate it

Yes, I did this!

## SAFETY FIRST

Make a list of fifteen potential safety hazards around your home, and how they can be made safer

Yes, I did this! I found \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## HAS THIS BEARING?

Draw a compass showing the cardinal points and their bearings, and find out which bearing direction your front door faces

Yes, I did this! My front door faces a bearing of \_\_\_\_\_

British Sign Language and Makaton are two types of sign language that can be used to talk to people that have hearing difficulties.

A BSL dictionary can be found on their website: [british-sign.co.uk/british-sign-language/dictionary/](https://british-sign.co.uk/british-sign-language/dictionary/)

## MARK THE PAGE

Create a bookmark for your favourite book, decorated with things from it

Yes, I did this! My book is \_\_\_\_\_

## SIGN AWARENESS

Learn how to say the Scout Promise in British Sign Language

Yes, I did this!

# LoveNDScouts

## NOT A LOT!

Learn a magic trick, and perform it to your family

Yes, I did this!

## BONUS CHALLENGE

Can you name a famous magician, and the trick that they are most known for performing?

## BONUS CHALLENGE!

Find your house, and follow the route you take to Scouts

## WHERE ARE YOU?

Find your usual Scout meeting place on a map, and give its longitude and latitude

Yes, I did this! Long/lat is \_\_\_\_\_

## TO THE MOON!

Design and build a model rocket using items from around your house.

Find out what an "O ring" in a real model rocket is for.

Yes, I did this! An "O ring" in a model rocket is for...

\_\_\_\_\_  
\_\_\_\_\_

## SPACE EXPLORERS

In 1969, the Apollo 11 mission used a Saturn V rocket to leave Earth and reach the Moon. It took the astronauts 76 hours to get there!

## THAI THE KNOT

Find out what the Scout Promise is in Thailand, and why March 31st is celebrated there

Yes, I did this! It is celebrated because \_\_\_\_\_

\_\_\_\_\_

Try Wikipedia!  
But please avoid  
thaiscouting.com

# WELL DONE!

# LoveNDScouts

## CHALLENGE LEVEL...

# EXPLORERS

Explorers are the fourth stage of our Scouting family, from 14-18 years old.

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### BAKING THE DAILY

Find out how to bake bread at home, and make some.

Yes, I did this!

### FITNESS SPECIAL

Find "PE with Joe" on YouTube, and take part in at least one of the workouts there.

Yes, I did this!

### PROGRESSOMETER

Colour a block on the Progressometer for each challenge you complete. Can you reach the #LoveNDScouts heart?

### FAMILIES IN NEED

Find out where your nearest food bank is, and donate some food to it.

Yes, I did this!

### SPRING FARMING

Sew some seeds appropriate to the time of year.

Yes, I did this!

### BOG-STANDARD

Clean a toilet, top to bottom, inside and out!

Yes, I did this!

### GLOAMING MINIATURE

Build a model campfire.

Yes, I did this!

### MAKECHEF

Create a hobo stove from a tin can, and cook a pancake.

Yes, I did this!

### UNDER COVERS?!

Build a den or fort, inside or out, and sleep in it.

Yes, I did this!

STAY  
SAFE!

### BRIGHT IDEAS

Give your Explorer Leader two ideas for the Summer term programme!

Yes, I did this!

### PUZZLING PIECES

Complete a jigsaw of at least 500 pieces.

Yes, I did this!

### LITERARIAN

Read a book - fiction or non-fiction - and share your thoughts about it.

Yes, I did this!

E1



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## FLAT-OUT

Plank for one minute.

Yes, I did this!

## WHAT'S CHORES?

Ask a parent or guardian if there's anything you can do to help them - and do it willingly, with a smile!

Yes, I did this!

## STROLL ON!

Go for an (at least) one-hour walk.


Yes, I did this!


## INTO THE FINAL FRONTIER

Using the "See a Satellite" app or similar, try to spot the Starlink satellites and the International Space Station.

Yes, I did this!

Share your challenges on social media!

 NorthamptonScouts

 NDScouts

 NDScouts

Don't forget to use #LoveNDScouts

## JACKSON POLOEUF

Decorate an egg - be ambitious! Go wild!

Yes, I did this!

## BREATHE EASY

Sew your own facemask - perhaps by upcycling an old t-shirt.

Yes, I did this!

## PAYING FORWARD

Carry out a random act of kindness - for example, bake for a neighbour; take someone's bins out; give some flowers...

Yes, I did this!

## SWEET TOOTH

Make some sweets.

Yes, I did this!

## THE BUNNY COMETH!

Create an Easter card, and post it to someone.

Yes, I did this!

## GARDEN ATTENBOROUGH

Make a two-minute video about what you find in your garden.

Yes, I did this!

## NEVER HAD THAT...

Find a recipe no-one in your family has tried before, and cook it for them.

Yes, I did this!

## HALF-HOUR HEALTH

Do a fitness activity for at least half an hour - a run, circuit training, or another fitness regime.

Yes, I did this!

## RED SKY...

Take a picture of sunrise or sunset - or both!

Yes, I did this!

## A PEACEFUL BIRD

Learn how to fold an origami crane.

Yes, I did this!

You can find origami instructions online - for example: [origami-resource-center.com/paper-crane.html](http://origami-resource-center.com/paper-crane.html)

## SPUDART

Using a potato for stamping, create a design on a sheet of A4 paper.

Yes, I did this!

## A TOWER OF HEARTS

Build the tallest playing card tower you can!

Yes, I did this!

## AND LASHINGS OF...

Build a model pioneering bridge, using at least one type of lashing.

Your model should be strong enough to hold an egg.

Yes, I did this!

## NUMBER SHUFFLE

Complete a Sudoku puzzle.

Yes, I did this!

## SHARING AND CARING

Phone or write to an older relative that does not live with you. Ask how they are doing, and find out if there is anything you can do to help them.

Yes, I did this!

## PHOTOFRESIA

Photograph flowers, trees, and plants in your area. Create a montage using these photos.

Yes, I did this!

## HANDY BENDY

Try a yoga session.

Yes, I did this!

## ANTI-SCREEN

Plan a family night that does not involve any screen-time. Perhaps a board game, or some other shared experience that doesn't use a phone, TV, tablet, or computer.

Yes, I did this!

## INDOOR CAMPING

Build a free-standing tepee, large enough to fit a family member

Yes, I did this!

## TAKE FLIGHT!

Take a photograph of someone in mid-air.

Yes, I did this!