

LoveNDScouts

CHALLENGE LEVEL...

EXPLORERS

Explorers are the fourth stage of our Scouting family, from 14-18 years old.

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10
- 11
- 12
- 13
- 14
- 15
- 16
- 17
- 18
- 19
- 20
- 21
- 22
- 23
- 24
- 25
- 26
- 27
- 28
- 29
- 30
- 31

BAKING THE DAILY

Find out how to bake bread at home, and make some.

Yes, I did this!

FITNESS SPECIAL

Find "PE with Joe" on YouTube, and take part in at least one of the workouts there.

Yes, I did this!

PROGRESSOMETER

Colour a block on the Progressometer for each challenge you complete. Can you reach the #LoveNDScouts heart?

FAMILIES IN NEED

Find out where your nearest food bank is, and donate some food to it.

Yes, I did this!

SPRING FARMING

Sew some seeds appropriate to the time of year.

Yes, I did this!

BOG-STANDARD

Clean a toilet, top to bottom, inside and out!

Yes, I did this!

GLOAMING MINIATURE

Build a model campfire.

Yes, I did this!

MAKECHEF

Create a hobo stove from a tin can, and cook a pancake.

Yes, I did this!

UNDER COVERS?!

Build a den or fort, inside or out, and sleep in it.

Yes, I did this!

STAY
SAFE!

BRIGHT IDEAS

Give your Explorer Leader two ideas for the Summer term programme!

Yes, I did this!

PUZZLING PIECES

Complete a jigsaw of at least 500 pieces.

Yes, I did this!

LITERARIAN

Read a book - fiction or non-fiction - and share your thoughts about it.

Yes, I did this!

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Scouts
Northampton District

FLAT-OUT

Plank for one minute.

Yes, I did this!

WHAT'S CHORES?

Ask a parent or guardian if there's anything you can do to help them - and do it willingly, with a smile!

Yes, I did this!

STROLL ON!

Go for an (at least) one-hour walk.


Yes, I did this!


INTO THE FINAL FRONTIER

Using the "See a Satellite" app or similar, try to spot the Starlink satellites and the International Space Station.

Yes, I did this!

Share your challenges on social media!

 NorthamptonScouts

 NDScouts

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Don't forget to use
#LoveNDScouts

JACKSON POLDOEV

Decorate an egg - be ambitious! Go wild!

Yes, I did this!

BREATHE EASY

Sew your own facemask - perhaps by upcycling an old t-shirt.

Yes, I did this!

PAYING FORWARD

Carry out a random act of kindness - for example, bake for a neighbour; take someone's bins out; give some flowers...

Yes, I did this!

SWEET TOOTH

Make some sweets.

Yes, I did this!

THE BUNNY COMETH!

Create an Easter card, and post it to someone.

Yes, I did this!

GARDEN ATTENBOROUGH

Make a two-minute video about what you find in your garden.

Yes, I did this!

NEVER HAD THAT...

Find a recipe no-one in your family has tried before, and cook it for them.

Yes, I did this!

HALF-HOUR HEALTH

Do a fitness activity for at least half an hour - a run, circuit training, or another fitness regime.

Yes, I did this!

RED SKY...

Take a picture of sunrise or sunset - or both!

Yes, I did this!

A PEACEFUL BIRD

Learn how to fold an origami crane.

Yes, I did this!

You can find origami instructions online - for example: origami-resource-center.com/paper-crane.html

SPUDART

Using a potato for stamping, create a design on a sheet of A4 paper.

Yes, I did this!

A TOWER OF HEARTS

Build the tallest playing card tower you can!

Yes, I did this!

AND LASHINGS OF...

Build a model pioneering bridge, using at least one type of lashing.

Your model should be strong enough to hold an egg.

Yes, I did this!

NUMBER SHUFFLE

Complete a Sudoku puzzle.

Yes, I did this!

SHARING AND CARING

Phone or write to an older relative that does not live with you. Ask how they are doing, and find out if there is anything you can do to help them.

Yes, I did this!

PHOTOFRESIA

Photograph flowers, trees, and plants in your area. Create a montage using these photos.

Yes, I did this!

HANDY BENDY

Try a yoga session.

Yes, I did this!

ANTI-SCREEN

Plan a family night that does not involve any screen-time. Perhaps a board game, or some other shared experience that doesn't use a phone, TV, tablet, or computer.

Yes, I did this!

INDOOR CAMPING

Build a free-standing tepee, large enough to fit a family member

Yes, I did this!

TAKE FLIGHT!

Take a photograph of someone in mid-air.

Yes, I did this!